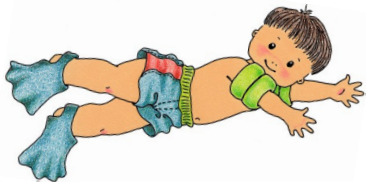


# Gymnastics Plus Swimming Classes 2011

2121 West Lincoln Avenue, Yakima, WA 98902

Phone: 509-453-8126

- Swim with us in 88 degree water. We have a student-teacher ratio of 5-1 with the preschool classes and 7-1 with the parent tot classes and school age classes.
  - Most of our pool is only 3 feet deep, with a small area at 2 1/2 feet and a deep end at 5 feet. There is a place for everyone in our pool.
  - Our lessons are based on the Red Cross Guidelines.
  - We use innovative and fun teaching methods.
  - For the younger siblings that are waiting, we have a fenced in play area with toys.
  - We offer Kids Castle passes and Open Swim passes for missed classes. Please ask in our office.
  - 100% money back guarantee if dissatisfied during first day of class.
  - Classes run Monday through Thursday in 2 week sessions. We offer 5 sessions each summer.
  - Classes run 30 minutes in length.
  - We must have a minimum of 3 students to run a class
- Payment is required when you sign up.**
- **Preschool Classes designed 18 mo. - 5 years old.**
    - Minnows*** - Parent Tot Class 18 mo.-3 yrs. focus on water familiarity and activities to do with your child. **\$34.00 per session**
    - All other preschool classes \$50.00 per session**
    - Polywog*** - Preschool 1, no prior skills necessary, novice to water.
    - Tadpoles*** - Preschool 2, Comfortable in the water, front float & glide, kick on front & back, swims with some assistance. **Must be able to put whole face in water.** Has passed Preschool 1.
    - Seahorse*** - Preschool 3, Able to swim 15 feet unassisted, front and back float for 10 counts. Comfortable in deep water. Has passed Preschool 2.
    - Starfish***—Preschool 4. Able to swim 30 feet with breathing Survival float for 30 seconds. Has passed Preschool 3.
  - **School Age Classes designed for 6 - 12 yrs. Old**
    - All School Age Classes \$50.00 per session**
    - Dolphins*** - Beginners, Designed for those just learning to swim, novice to water.
    - Sharks*** - Adv. Beginners, Child can swim 15 feet, front kick and glide. Execute survival float for 30 seconds, beginner stroke for 10 yards. Has passed Dolphins and is comfortable in deep water.



Fun in the Sun

