

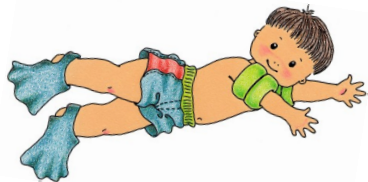
# Gymnastics Plus Swimming Classes 2010

2121 West Lincoln Avenue, Yakima, WA 98902

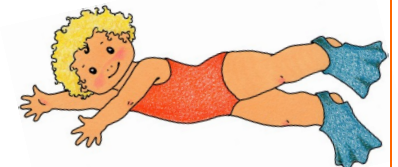
Phone: 509-453-8126

- Swim with us in 88 degree water. We have a student-teacher ratio of 5-1 with the preschool classes and 7-1 with the parent tot classes and school age classes.
- Most of our pool is only 3 feet deep, with a small area at 2 1/2 feet and a deep end at 5 feet. There is a place for everyone in our pool.
- Our lessons are based on the Red Cross Guidelines.
- We use innovative and fun teaching methods.
- For the younger siblings that are waiting, we have a fenced in play area with toys.
- We offer Kids Castle passes and Open Swim passes for missed classes. Please ask in our office.
- 100% money back guarantee if dissatisfied during first day of class.
- Classes run Monday through Thursday in 2 week sessions. We offer 5 sessions each summer.
- Classes run 30 minutes in length.
- We must have a minimum of 3 students to run a class

Payment is required when you sign up.



Fun in the Sun



- Preschool Classes designed 18 mo. - 5 years old.
  - Minnows* - Parent Tot Class 18 mo.-3 yrs. focus on water familiarity and activities to do with your child. **\$34.00 per session**
  - All other preschool classes \$50.00 per session**
  - Polywog* - Preschool 1, no prior skills necessary, novice to water.
  - Tadpoles* - Preschool 2, Comfortable in the water, front float & glide, kick on front & back, swims with some assistance. **Must be able to put whole face in water.** Has passed Preschool 1.
  - Seahorse* - Preschool 3, Able to swim 15 feet unassisted, front and back float for 10 counts. Comfortable in deep water. Has passed Preschool 2.
  - Starfish*—Preschool 4. Able to swim 30 feet with breathing Survival float for 30 seconds. Has passed Preschool 3.
- School Age Classes designed for 6 - 12 yrs. Old
  - All School Age Classes \$50.00 per session**
  - Dolphins* - Beginners, Designed for those just learning to swim, novice to water.
  - Sharks* - Adv. Beginners, Child can swim 15 feet, front kick and glide. Execute survival float for 30 seconds, beginner stroke for 10 yards. Has passed Dolphins and is comfortable in deep water.