

Gymnastics Plus 2009-10 Class Schedule

Preschool Classes			Monday	Tuesday	Wednesday	Thursday	Friday
	Age	Class Length					
Tiny Tots	18-36 mos	30	5:30, 6:00	11:00, 5:30, 6:00	9:30, 6:30	11:00, 6:00, 6:30	9:30
Tumble Tots	3 - 5 Yrs	45	4:30, 5:30, 6:30	10:00, 11:00, 4:30, 6:30	10:00, 11:00, 4:30, 5:30, 6:30	10:00, 11:00, 4:30, 5:30, 6:30	11:00
Super Tots	4 - 6 Yrs	55	4:30, 5:30, 6:30	11:00, 4:30, 5:30, 6:30	10:00, 5:30, 6:30	10:00, 4:30, 6:30	10:00, 11:00

Basic Girls Classes

Beginning	6 - 8 Yrs	55	4:30, 6:30	4:30, 6:30	4:30, 5:30, 6:30	4:30, 5:30	
Beginning	9 - 14 Yrs	55		4:30	7:30	7:30	
Advanced Beginning	6 - 8 Yrs	55	4:30		6:00	6:30	
Advanced Beginning	9 - 14 Yrs	55	6:30		7:30		
Intermediate	6 - 18 Yrs	55	7:30			6:30	

Basic Boys Classes

Beginning	6 - 14 Yrs	55		5:30		5:30	
Advanced Beginning	6 - 14 Yrs	55	5:30	4:30			

Tumbling Classes

Beginning Flip Flop	6 - 18 Yrs	55		7:30	7:30		
Intermediate Flip Flop	6 - 18 Yrs	55		7:30		7:30	
Advanced Flip Flop	6 - 18 Yrs	55	7:30			7:30	

Competition Progression

Mini-Jets	By Invitation	55	5:30, 6:30	10:00, 6:30	4:30, 5:30	5:30	10:00
Jets	By Invitation	120	4:00		4:00		
Rockets	By Invitation	55		5:30	11:00, 4:30		

Once your child is enrolled in class, you are responsible for payment until you inform the office of your wish to discontinue attending. Please inform the office, not the instructor.